



Knights of Columbus

Assembly #2625



*Next Meeting: March 19th, 7:30P St Robert,
Jones (Please note the time change!)*

Spotlight on Veteran Service Programs

There are many organizations and programs in our state that focus on Veterans and veterans' affairs. In Oklahoma alone, there are over 300 registered organizations. While the Knights of Columbus does not wish to promote one organization over another, we do want to share some organizations that have hands-on volunteer opportunities and are not just solely seeking monetary donations. Of course, nothing wrong at all with an organization seeking only financial donations. But many Sir Knights and community members are looking to volunteer with their time and effort instead of with their wallets.

OKC VA Hospital: Many opportunities exist, but patient assistance and admin support are in the greatest need. Examples of patient assistance include escort, wheelchair aid, or front desk help.

Admin support examples include blood bank helper, grounds crews, transportation or kitchen aid. Please contact Melissa Overfield at 405-456-5162 to volunteer.

Disabled American Veterans: Seeking volunteers to serve as drivers who will transport veterans to local clinics and hospitals for medical appointments. Visit dav.org/get-involved/ to volunteer.

USO: Is always needing volunteers to man USO locations. Examples include greeters, cleaning staff, providing guest food and beverage and assisting with center activities. Visit uso.org or e-mail volunteers@uso.org for more information.

Thank you for making a difference!

Prayer for March: Prayer For a Fruitful Lent

O Lord, I offer myself with total abandonment to self and full trust in you. I offer my prayers, works, and my very life this Lent. Do with me, Lord, as you will. I pray that this Lent will be fruitful.

O Lord, I know that you have much for me to do this Lent. Humble me that I may see clearly the work you call me to do.

O Lord, I know you have much for me to learn this Lent. Slow me in thinking of myself first so that I may have more of my mind to focus upon you.

O Lord, I know that you have much for me to hear and say this Lent. Quiet me so that I may listen to your voice and speak your praises.

O Lord, I know that you have much love and mercy for me this Lent. Grant me the courage and strength to confess my sins and to fully turn away from evil.

Amen.

Ask a Brother Knight to Join the 4th Degree!

In April, our Brother 3rd Degree Knights will have an opportunity to join the 4th Degree. This serves as a great opportunity to help increase our assembly numbers. There are many Brother Knights of 4598 and 5396 who have yet to join the Fourth Degree. Perhaps they are unaware of the patriotic activities in which we engage. Perhaps they simply have not yet been invited. In any case, please take a moment this month to spread the word of the upcoming exemplification.

Now, let's get to some specifics:

Date: April 13th, 2024

Time: 11A Registration, with a start time of 1P

Location: Cathedral of Our Lady of Perpetual Help, OKC

Cost: \$90, which includes dinner reservation, social baldric, 4th Degree lapel pin and certificate.

If you have any questions, or if a Brother Knight is looking to register for the event, please contact District Master SK Bob Melko, PSD at 918-850-2203 or bobmel98@windstream.net.

January Birthdays

James Spaeth (2nd)

Edward Brown (6th)

Shaun Cunningham (25th)

Matt Maly (31st)

Color Corps Opportunities

No immediate events at the time of this newsletter.

*See the Assembly Calendar for information on updates.

ASSEMBLY NEWS

Bi-Annual Meeting on April 6th: Need another volunteer

At the January meeting, FN Philip Stramski and FA Ryan King were selected to attend the bi-annual meeting to serve as representatives of Assembly 2625. However, due to the State Free Throw Championship being the same day and Ryan being the chairman for that activity, he will not be able to attend. Please reach out to Philip if you wish to volunteer to serve to represent our Assembly at the bi-annual meeting.

Assembly Contacts

Philip Stramski, Faithful Navigator: 405-625-7761 or pstramski10@cox.net

John Thomas, Faithful Comptroller: 405-390-1353 or jthomas132@cox.net

David Koelsch, Color Corps Commander: 405-771-3800 or DavidTKoelsch@gmail.com